

Where to Find Benefit Fund Information....

Questions about your benefits or the way a claim has been processed?

Call the Local One Health Care Claims Unit: 800-959-9497

Need to find an In-Network Local One provider?

Go to www.bcbs.com for medical providers or to www.ufcwone.org for Dental, Vision & Pharmacy providers. You can also call the Fund office at 800-959-9497.

Question about a medication? Bug bite? Other health concern?

Call the Nurse Help Line 24/7 at 877-488-8656 (*medical related calls only – cannot answer questions about eligibility or claims processing*)

Need Counseling: Family concerns? Financial concerns? Stress or Anxiety? Addiction? Grief Counseling? Depression?

Call the Employee Member Assistance Program at 866-269-7357. On-line assistance as well at www.APSworklife.com. Login: UFCW One and use Password: LocalOne

Ready to stop smoking or using tobacco?

Commit to “Quit for Life” by calling 800-442-8904 and enrolling at no cost.

Baby on the way?

Enroll in the “Your Baby & You” Maternity Program at 866-656-9665, ext 209 and receive a free infant car seat.

Want to Request a College Scholarship application or apply for Adult Education?

Call the Fund office at 800-959-9497, ext. 2585

Questions about your Pension benefit?

Call the Pension Fund: 800-959-9497

Questions about joining the 401K Plan?

Call 800-959-9497, ext 2582

Want to check your 401k Account on-line?

Go to www.ebs-benefits.com

Questions about the Investment Options offered under the Local One 401K Plan or about rolling over funds to this plan?

Call Paradigm Consulting at 888-797-8404 (No fee to you for their assistance)

Email the Fund office with any questions or concerns