



Employee Member Assistance Program (EMAP)

Don't Forget, You Have Support...

The EMAP offers a confidential support service and referral program for eligible participants of the UFCW Local One Health Care Fund. It is designed to help you and your family with personal issues such as:

- Stress
- Parenting
- Depression
- Grief/Loss
- Anxiety
- Relationships
- Family
- Marriage
- Work Issues
- Alcohol/Drug
- Legal
- Financial

The EMAP is here to help you resolve personal problems in the early stages. Eligible members and their dependents can call for help 24 hours a day, 7 days a week. The EMAP has Care Managers (master's level clinicians), who can coordinate the appropriate treatment and provide referrals.

IS IT CONFIDENTIAL?

All discussions between you and your clinical professional are confidential. Information regarding your contact with the EMAP cannot be released without your written consent, except by court order, imminent threat of harm to self or others, or in situations of mental or physical abuse.

IS THERE A COST?

You receive 5 counseling sessions at no cost.

EMPLOYEE MEMBER PORTAL

You can look up participating providers and explore topics that are important to you in a confidential and anonymous manner. Available to you 24 hours a day, 7 days a week.

hmc.personaladvantage.com
ACCESS CODE: LOCALONE



WHO PROVIDES SERVICES?

The Employee Member Assistance Program (EMAP) is administered by HMC HealthWorks. HMC is a national specialty healthcare company committed to providing services that improve the health and well-being of employee members and their dependents.