

# 2025 Membership Benefits

For more information: [ufcwone.org/#](http://ufcwone.org/#)

## UFCW Local One Health Insurance Benefits

**Please note: If you have a question relating to your Health Care Benefits, please call the Healthcare Fund at Local One 1-800-959-9497.**

### EMPLOYEE MEMBER ASSISTANCE PROGRAM

#### ANYTIME - ANYWHERE - HELP IS HERE

FREE Services - 24 Hours a day, Seven days a week

For an appointment: **1-866-269-7357**

### VISION BENEFITS

To determine your eligibility or locate a network provider in your area please contact: **DAVIS VISION:**

**1-800-999-5431** or [www.davisvision.com](http://www.davisvision.com)

### TELEMEDICINE MD-LIVE

**TO SIGN UP:** TEXT - EXCELLUS to 635483 or Go To: [ExcellusBCBS.COM/MEMBER](http://ExcellusBCBS.COM/MEMBER), or call **1-866-692-5045**  
*Participants... 24 Hours a Day - 7 Days a week*  
*Access to a Physician Board-Certified in Emergency Medicine*

### NURSE HELPLINE

- For a SMART, FREE and EASY way to get answers to all your questions about your health
- Helps manage chronic conditions
- FREE 24-hour hotline staffed with Registered Nurses.

Call: **1-800-348-9786**

## MATERNITY PROGRAM

As soon as the expectant mother finds out she is pregnant, call this toll-free number to register.

**1-877-222-1240** ELIGIBILITY: For a FREE infant car seat and other free information... you **MUST** call in YOUR FIRST TRIMESTER.

### ONE SOURCE - DIABETIC SUPPLIES

NO MORE TRIPS TO THE PHARMACY OR WAITING IN LINE. For your convenience, you can now order your 90-day Diabetic Supplies and have them delivered to your home without a co-pay.

**877-0316-2460** or [www.onesourcemg.com](http://www.onesourcemg.com)

## GUARDIAN NURSES

Guardian Nurses' goal is to bridge the gap between patients and healthcare providers, ensuring that every individual receives the highest quality of care possible.

- Visit You at home or in the Hospital
- Accompany You During Your Doctor's Visit
- Personalized Healthcare Support
- Streamlined Care Coordination
- Expert Advocacy
- Emotional and Educational Support

To request help, call **716-605-5200** (Buffalo) or **315-680-5535** (Rochester/Syracuse)

## REJUVENATE

### KIDNEY TRANSPLANT SOLUTIONS

Helping Patients with chronic kidney disease lead healthier lives. We understand this disease and are here as your guide to access kidney transplant sooner and avoid the cost and negative impact of dialysis altogether.



**Don't wait until you're in kidney failure to take action. Learn more about how we've helped others.**

Call Rejuvenate: **844-735-8832**  
<https://rejuvenatehealthcare.com>

## PROGNY

### YOUR FERTILITY & FAMILY BUILDING BENEFIT

\* **Comprehensive Coverage:** Fertility treatment and family-building services for every unique path to parenthood.

\* **Personalized Support:** Unlimited clinical and emotional support from a dedicated Patient Care Advocate (PCA).

\* **High Quality Care:** Convenient access to a premier network of fertility specialists across the US.

To learn more call: **833-233-0873** <https://progyny>