

ATTENTION MINI-WRAP PARTICIPANTS

"Benefit Enhancement"

Effective October 1, 2026

You will no longer have to pay upfront for your Annual Physical or Tele-Medicine Visits with MDLIVE. UFCW Local One Health Care Fund has contracted with Excellus BlueCross BlueShield (BCBS) to process your benefit, which includes additional coverage as indicated below.

You will receive an Excellus BCBS ID Card for your medical benefits in the mail prior to the effective date (this does not replace your ID Card for Dental coverage.)

Please make sure your medical provider has your new ID identification card on file for services incurred on or after October 1, 2026.

Your Excellus BCBS ID Card can be used for the following in-network medical services:

- **Office Visits:** Limit 6 PCP/Specialists visits total per calendar year
 - **PCP Visits:** \$12 copay
 - **Specialist Visits:** \$25 copay
- **Annual Routine Physical:** One per calendar year
- **Lab work** associated with Annual Routine Physical only
- **MDLIVE Telemedicine Visits:** unlimited, covered in full
- **Teledermatology Visits** through MDLIVE require a \$25 copay
- **NO HOSPITALIZATION COVERAGE**

Please contact Excellus Blue Cross and Blue Shield Customer Care at (877)223-2993 for assistance or UFCW Local One Health Care Fund directly at (800)-959-9497 option 1.